



**Monastery Church
of the
Sacred Heart**

110 Shonnard Pl., Yonkers, NY 10703

www.sacredheartyonkers.org

-A Ministry of the Capuchins of the Province of Saint Mary-

Rev. Robert Abbatiello, OFM. Cap.

Pastor – rabbatiello@sacredheartyonkers.org

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Rev. John McHugh, OFM Cap.

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Mr. Kyle O'Donnell

Principal - High School - kodonnell@sacredhearths.org

Mrs. Melissa Bidlack

Principal - Grade School - mbidlack@shgsonkers.org

**March 9, 2025
First Sunday of Lent**

Sacrament of Reconciliation
(Chapel Reconciliation Room)

Wednesday, 6:30 - 7:00 p.m.

Saturday, 3:30 - 4:30 p.m.

(Other times: by appointment, call the Parish Office)

Novenas

Miraculous Medal - Monday following 8:30 a.m. Mass

Our Mother of Perpetual Help - Wednesday 6:30 p.m.

Adoration - See Bulletin

Baptisms

*Baptisms are scheduled and celebrated
after meeting with a Parish Staff member.
Contact the Parish Office for information.*

Marriages

*Couples should contact the Parish Office
before setting their wedding date.*

*Please contact the Parish Office upon engagement;
wedding preparation usually takes at least six months.*

Care of the Sick

*Please contact the Parish Office when
serious illness or hospitalization occurs.*

*Anointing of the Sick and regular Communion Visits
can be scheduled.*

Food Pantry

Tuesdays and Thursdays 10:00 - 3:00

Parish Offices

40 Convent Ave., Yonkers, NY 10703

Monday - Closed

Tuesday - Friday, 9:00-4:00 p.m.

Parish Offices: 963-4205 · Fax: 476-4960

Schools: Elementary: 963-5318 · High: 965-3114

SCHEDULE OF MASSES

Sunday Vigil Mass

Saturday 5:00 p.m.

Sunday

8:00, 9:45 and 11:30 a.m.

Weekday

Monday - Saturday, 8:30 a.m.

Wednesday, 7:30 p.m.

Holy Day Schedule

Please consult the Bulletin.

March 9th – March 16th

Sunday, March 9th -

First Sunday of Lent

Dt 26:4-10/Rom 10:8-13/Lk 4:1-13

5:00pm Vigil Decd Mary Anderson (20th Anni) & Eileen Landy (20th Anni)

8:00am Decd Stanley Kieltyka
9:45am Decd Patrick Breen, YPD
11:30am Decd Steven Ray Myers
7:00pm Sp Int Parish Family

Monday, March 10th -

Lv 19:1-2,11-18/Mt 25:31-46

8:30am Decd Andrew DiGiannantonio & Family

Tuesday, March 11th -

Is 55:10-11/Mt 6:7-15

8:30am Sp Int Fr. John McHugh

Wednesday, March 12th -

Jon 3:1-10/Lk 11:29-32

8:30am Sp Int
7:30pm Decd Mary Keane

Thursday, March 13th -

Est C:12,14-16,23-25/Mt 7:7-12

8:30am Decd Neal Moynihan (Anni)

Friday, March 14th -

Ez 18:21-28/Mt 5:20-26

8:30am Decd James J. Ryan & Family

Saturday, March 15th -

Dt 26:16-19/Mt 5:43-48

8:30am Decd Patrick & Agnes Fitzgerald

Sunday, March 16th -

Second Sunday of Lent

Gn 15:5-12,17-18/Phil 3:17-4:1/Lk 9: 28b-36

5:00pm Vigil Decd Fabricatore & Giordano Families
8:00am Decd Michael Courtien (8th Anni)
9:45am Sp Int Parish Family
11:30am Decd Patrick Breen, YPD

Week of March 9th

Bread and Wine

Decd Anderson & Landy Families

Sanctuary Lamp

Sp Int Fr. John McHugh



STEWARDSHIP OF GOD'S BLESSINGS

February 23, 2025	\$6,994.00
On-line Giving.....	2,279.00
Total...\$9,273.00	
February 25, 2024.....	\$5,758.00
On-line Giving.....	1,848.00
Total.....\$7,606.00	

Thank you for your continued support of
our parish and its many needs.
May God bless your generosity to Sacred Heart!

To register for on-line giving,
Use the QR code here
or go to our website
sacredheartyonkers.org
scroll down on right hand side
to Parish Giving
and follow the online prompts.



Office Hours This Week

Monday - CLOSED

Tuesday - Friday 9:00-4:00

The Week Ahead.....

Sunday, March 9th

Religious Ed 10:45

Young Adult Mass 7:00 pm

Monday

Miraculous Medal Novena following 8:30 Mass

O CIA 7:00 pm

Rel Ed 7:15 pm

Wednesday

Our Mother of Perpetual Rosary & Novena 6:30pm

Thursday

Adoration 3:30-7:00 pm

Friday

Soup and Salad 11:30, Station 12:15

Sunday, March 16th

Religious Ed 10:45

Secular Franciscan Lenten Reflection 1:30 pm

All Are Welcome

Please pray for the repose of the souls of
Margaret "Peg" Bracken, Lorraine Coughlin,
Bridget "Teresa" O'Hara

all the deceased parishioners of Sacred Heart,
and the Special Intentions of Parish Family members
listed in our Prayer Intention Book.



Up-to date emails

Upcoming Events

Bulletins emailed to you

Go to flocknote.com

"Find your church" - 10703

We like to share good news!

From the Pastor's Desk

The First Sunday of Lent: What are Your Temptations?

Lent is always a time for renewal and rebirth in our life as Christians. How often do we seek God's mercy and forgiveness as we continue growing more deeply in our relationship with the Lord? Probably not enough for most of us!

In our first reading from the Book of Deuteronomy, Moses reminds the Israelites that God heard their cries for help and He saw their affliction, their toil and their oppression. God acted on behalf of the Israelites and brought them out from their slavery in Egypt to the land flowing with milk and honey. In response, the people offered God the first fruits of their labors on the soil the Lord had given them. Do I recognize the ways in which God is leading me to the land of milk and honey? Am I willing to leave behind my slavery to narrow ways of thinking, past hurts and angers, a rebellious heart, personal failures and failed relationships? Do I want to be set free spiritually, to encounter the mercy and forgiveness that God so desires to extend? Do I allow the abundance of God's graces to be poured into my heart? Am I grateful for all that God does for me? How do I show my gratitude?

Our psalm response today is a beautiful prayer request in and of itself: "Be with me, Lord, when I am in trouble." Do we wait to seek God's assistance? Do I simply expect God to get me out of the trouble I sometimes get myself into? Do I seek the Lord's help in moments of temptation – before I give in?

Quoting the Sacred Scriptures, St. Paul reminds us in our second reading that God's word is near to us, it is in our mouths and in our hearts. He further reminds us that everyone who calls on the name of the Lord will be saved and that no one who believes in Jesus will be put to shame. Do these words encourage and assist me as I try to put my faith into practice each and every day? Do I feel empowered to profess my faith in Jesus? Does God's Word come forth from my mouth – or is it another word?

Jesus is tempted by the devil in today's gospel to have his hunger satisfied, receive a vast amount of earthly authority and make a name for himself. In each instance, Jesus relies on the Sacred Scriptures to resist the temptation and put Satan in his place! What are your temptations? How does Satan use your weaknesses to lead you away from God? What "tools" do you use to resist temptation? Do you ever speak directly to Satan, with the help of the Scriptures, to put Satan in his place?! Try the simple words that Jesus used on various occasions in the Scriptures: "Satan get behind me!" When we take our eyes off of Jesus, we are flirting with disaster in our lives. When we take our eyes off of Satan and remove our attention from him, we are free to once again focus our attention on Jesus – the one whose name we call out to save us!

May this first week of Lent be a time of spiritual strengthening for you. Perhaps these few verses from the Psalms will assist you in your journey.

Monday: Psalm 123:2-3

Tuesday: Psalm 90:1-2

Wednesday: Psalm 26:6, 22

Thursday: Psalm 5:2-3

Friday: Psalm 25:17-18

Saturday: Psalm 19:8-9

Sunday, Psalm 27:8-9

Lenten Mini Series

As we have done in the past, we will offer slightly extended homilies during the Wednesday evening Masses in Lent. All in the parish, as well as those in our neighboring parishes, are invited to attend.

Below are the homily themes, based on the Scriptures given for the Lenten weekday.

March 12 – "A Whale of a Tale" (Fr. John Gallagher)

March 19 – "An Interview with St. Joseph (Deacon Gianni)

March 26 – "Sit Up Straight and Pay Attention (Fr. John McHugh)

April 2 – "The Will of the One Who Sent Me" (Fr. Bob)

April 9 – "The Truth Will Set You Free" (Fr. Michael Greco)

April 16 – "Spy Wednesday" (Fr. Charles)

Once Again: Please Share This Special Invitation for Lent - You Never Know...

Lent leads us to the great solemnity of Easter and the celebrations of Christ's victory over sin and death. The liturgical celebrations of Holy Week are among the most beautiful of all the church's liturgies. Wouldn't it be great if someone who has never participated in them before was present for the first time? Wouldn't it be wonderful if someone who hasn't been to them for several (perhaps even many!) years were invited back, BY YOU, to participate in them once again?

You've heard me say it before, I need you to reach out to our brothers and sisters in the community who may be looking for a spiritual home, who may be looking to deepen their faith, who may be searching for a way to experience God's forgiveness and healing, who may have fallen away from the Church and the practice of their faith and yet still have that inner longing for a strong spirituality that can't be easily replaced. Perhaps it's time to invite home again those who still haven't returned to church since the pandemic. Lent is a great time to come back and participate in the life of our parish family, where we are fed and nourished with the Body of Christ, challenged and strengthened by the Sacred Scriptures and forgiven and healed in the Sacrament of Reconciliation.

I invite you once again to offer, **rather to BE**, that special invitation to someone who may be waiting for you to deliver it! You never know...a parent, a spouse, a child, a neighbor, a friend is only a word away from the front doors of the church! Also, with Lent beginning, you may consider joining us for one or more of the following weekly celebrations:

8:30 AM Mass: Please join us for morning Mass each day, Monday thru Saturday.

7:30 PM Mass: Please join us for Mass each Wednesday evening at 7:30 PM.

(There will be special Lenten homilies at each of these Wednesday evening Masses.

Beginning at 6:30 PM, join us for the Novena to Our Lady of Perpetual Help.

Confessions are also heard from 6:30-7:00 PM.

3:30 PM Thursdays: Exposition of the Blessed Sacrament and Eucharistic Adoration until 7:00 PM.
Concludes with Benediction.

Our Young Adult Masses

THIS SUNDAY: March 9th
April 6th

Confessions available at 6:30 PM - Mass at 7:00 PM
Refreshments following in the Church Hall

All Young Adults and Their Guests are Welcome!

All Are Welcome to join the
The Secular Franciscan Fraternity of Sacred Heart Lenten Day Reflection
Sunday, March 16, 1:30 pm
Sacred Heart Church

Fr. Jack Rathschmidt, OFM Cap. will be presenting:

The Holy Year of Hope and Our Franciscan Values

In announcing the Holy Year of Hope, Pope Francis asked us to work for peace, promote human life, show amnesty to prisoners, uphold the dignity of migrants, heal the sick, forgive debts, and accompany the elderly.

Through prayer, reflection, conversation, and song,
we will take time to ask for the grace to pass through the Holy Doors of Hope
in order to renew our faith and vocations as Christians and Franciscans.

There will be a free will donation.

2025 Mass Book

The Mass Book for
July 1 through December 31, 2025
opens this
Wednesday, March 12th at 10:00am.
Phone requests at 12:00 noon.

The Bread & Wine and Sanctuary Lamp Memorials
will also open.

In order to give everyone an opportunity to request
their Masses and Memorials,

**we ask that you do not request
more than six Masses and that o
nly one be a Saturday Vigil or Sunday Mass
during these six month time periods.**

The stipend for all Masses will be \$15.00.

You may also request
up to 6 Bread & Wine or Sanctuary Lamps
when the Book opens.

The stipend for a Memorial will also be **\$15.00.**

Your cooperation with these stipulations
will be appreciated.



Soup and Salad
will return on the
Fridays of Lent at 11:30.
Stations of the Cross
will follow at 12:15.

Parish Groups will host Mar 14 and 21.

We are looking for individuals
who would like to help host a Soup and Salad on
March 28, April 4 and 11

Volunteers needed for
2 Meatless Soups, 2 Bags of Salad,
Bread, Set up
Lector for Stations
Cross bearer for Stations.

If you would like to help on any of these dates,
please call the office.
914-963-4205

Sacred Heart Grade School

**On-Line Registration for 2025-2026
is open**

**for all students in PreK3 and
Kindergarten to 8th Grade.**

Visit shgsyonkers.org,
go to the Admissions tab
and follow the prompts.

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**For information and registration
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please call the Grade School Office
at 914-963-5318**

**JUKEBOX
BINGO**

MAY 2ND, 2025

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GRADE SCHOOL**

**DOORS OPEN AT: 6:30PM
GAME STARTS AT: 6:50PM**

**\$40
PER TICKET**

**TO PURCHASE TICKETS
Call: (914) 963-5318**

Email: sacredheart@shgsyonkers.org

**There will be no tickets sold at the door. All tickets must
be purchased by April 29th**

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